

Nurture
Discover
Respect



Bramley St Peter's Active Journey



The start of our active journey

Children are given access to learn outside through play. Children begin to work on fundamental movement skills and develop control.



Learning outside

Children continue to learn how to negotiate space successfully and develop their fundamental movement skills within structured PE lessons and the outdoor area.



Games

Children will explore transferable skills, knowledge & understanding.



Skipping School

Children will be introduced to competition - Skipping School (Year 2) / Rainbow Club (Bramley Olympics)

Sports Specific Skills

Throughout KS2 children learn specific sports skills within lessons enabling them to apply them to different scenarios, sports and competitions.



Year 3

OAA

Children in KS2 will have the opportunity to visit different environments for OAA (West Leeds Activity Centre) and residentials (Year 4 and 6)



Swimming

All pupils will be able to swim 25 m.



Swimming

Children will learn to swim in Year 4.

Year 5

Year 6

Leadership

Children will have opportunity for Sports Leadership leading Craze of the Week.



Strategies, Tactics, Rules, Roles

Upper KS2 are encouraged to look further than their physical demands and consider tactical play, team roles and responsibilities. They will take on different roles (e.g. umpire, coach)

The active journey continues...

Children will leave our school with a love of PE, physical activity & sport. They will continue to engage in opportunities, clubs and teams. We hope children will remain active and lead healthy lifestyles.



Health

Children will learn about the importance of Healthy Eating, Sleep and Exercise.



Hygiene

Children will learn about the importance of Hygiene & Well-being.



The Body

Children will start to learn about their bodies.

Active Learning

Children are encouraged to take part in active maths lessons both inside and outside. Active learning takes place across school everyday in different ways.

Zoned Playground

All children are encouraged to be active during playtime and lunchtime. Access to different areas of the zoned playground - including Craze of the Week.

Community Clubs

Children will be encouraged to join local clubs, e.g Armley Tennis Club/ Farsley Celtic.

Clubs

All children will be encouraged to participate in extra-curricular activities. Partnership with Primary Sports UK. Examples: Circus Skills and Fencing and Archery.

Competition Increases

Children will have opportunity to engage in more sports and the quality of competition increases. This includes county / regional finals. Skipping School (Year 4) Brownlee Triathlon, Sportshall Athletics, Bramley Olympics.

Sports Day

All children will participate in Sports Day in the summer term. Year 6 will lead reception Sports Day.

Skills

Children are identified for additional support with gross & fine motor skills.

Wake Up Shake Up / Yoga

Children take part in movement breaks each day.

Dance

Children will start to explore different cultures through Dance.