



PE Curriculum Map 25 - 26

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2						
EY FS												
Reception	Locomotion: Walking and Jumping	Dance: IMoves- nursery rhymes or healthy me	Ball skills: Hands 1	Gymnastics: High, Low, Under, Over	Ball skills: Feet	Attack V Defence: Games for Understanding						
KS 1												
Year 1	Locomotion: Jumping	Ball Skills: Bats, ball and balloons	Team Building	Ball Skills: Feet	Ball Skills: Hands 1	Health and Well-being (focus on throwing and catching)	Gymnastics: Wide Narrow and Curled	Ball Skills: Hands 2	Attack V Defence Games for Understanding	Gymnastics: Body Parts	Attack V Defence Games for Understanding	Gymnastics: Body Parts
Year 2	Locomotion: Jumping 1 (can also look at year 1 unit to bridge any gaps)	Ball Skills: Hands 1	Team Building	Ball Skills: Feet	Ball Skills: Rackets, bats and balls - Pickle Ball	Health and Well-being	Skipping School	Ball Skills: Handball	Dance: IMoves - Pirates or under the sea	Gymnastics: Linking	Locomotion: Jumping Rainbow Club (multi skills) linked to Bramley Olympics	Attack V Defence Games for Understanding
KS 2												
Year 3	Health and Fitness: Circuits	OAA: Problem Solving	Games: Inclusion Basketball	Invasion: Football	Gymnastics: Symmetry & Asymmetry	Invasion: Hockey Skills	Net and Wall games: Pickleball	Invasion games: Tag Rugby Skills	Athletics: Throwing, Jumping and Running	Dance: IMoves- Ancient Romans	Athletics: Competitions Bramley Olympics	Striking & Fielding: Cricket
Year 4	Athletics: Throwing, Jumping and Running	Swimming CC	Skipping School	Swimming	Swimming	Games: Inclusion Netball	Swimming	Net and Wall games: Tennis	Swimming	Gymnastics: Bridges	Swimming	Striking and Fielding: Rounders
Year 5	Athletics: Throwing, Jumping and Running	OAA: Problem Solving	Invasion games: Hockey skills	Invasion games: Rugby Skills	Net and Wall games: Badminton	Health Related Exercise	Dance: IMoves - earth and space. Or Vikings	Invasion games: Football	Net and Wall: Basketball	Gymnastics: Counter Balance and Counter Tension	Athletics: Competitions Bramley Olympics	Striking & Fielding: Cricket

Year 6	Athletics: Throwing, Jumping and Running	OAA: Orien teeri ng	Dance: Imoves - Charlston Or Broadway	Net and Wall games: Netball	Gymnastics: Matching and Mirroring	Health Related Exercise	Invasion games: Rugby(summer 2024)	Net and Wall games: Quidditch (NEW SEPT 2024)	Striking & Fielding: cricket	Invasion games: Hockey Skills	Athletics: Competitions Bramley Olympics	Striking & Fielding: Rounder's